



Preventing and responding to bullying

The school has a policy for preventing and responding to bullying in our Student code of conduct. The school implements a range of strategies and actions:

- Create safe, supportive and inclusive environments through our values of respect, responsibility and safety
- Follow positive behaviour for learning (PBL) strategies that explicitly teach students during PBL lessons and classrooms about treating others with respect
- Agreed national definition of bullying including a list of behaviours that do and do not constitute bullying
- Bullying response flowchart
- Cyberbullying information
- Cyberbullying response flowchart for schools
- Subscription to Stymie service for anonymous reporting
- Explicit teaching in Yr 7 HPE on online communications and how to respond appropriately
- Communication of the eSafety commission 'Bullying is never OK' fact sheet for secondary school students
- Implementation of consequences for incidents of bullying and harassment including detention, mediation, suspension depending on the circumstances
- Participation in events and activities on the National Day of Action against bullying and violence, presentation of information to students in form, assemblies. Pledge signed by students
- Annual brainstorm productions for junior students on bullying and cyberbullying

<https://beerwahshs.eq.edu.au/supportandresources/formsanddocuments/documents/departmental%20documents/student%20code%20of%20conduct.pdf>



Beerwah State High School - Bullying response flowchart for teachers

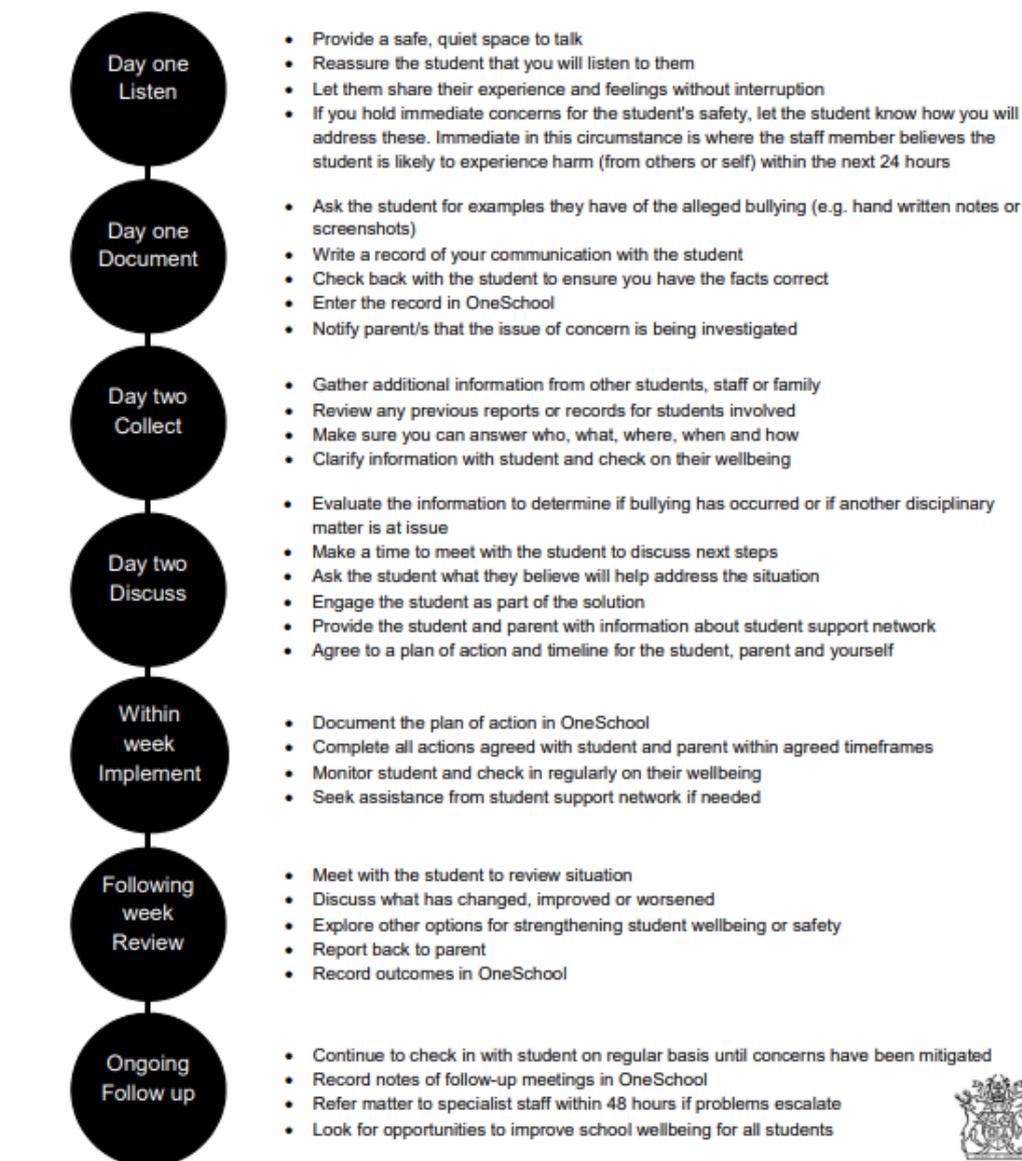
Please note these timelines may be adjusted depending on the unique circumstances and risk associated with each situation. This is at the professional judgment of the staff involved. Timeframes should be clearly discussed and agreed with student and family.

Key contacts for students and parents to report bullying:

Year 7 to 12 – Form teacher or Head of Year

Deputy Principal – Scott Siddell (Year 7 – 9), Wayne Lancaster (Year 10 – 12)

Student can contact in person, via STYMIE, Email, Incident Form or book an appointment





For secondary school students



Tips for secondary school students who experience bullying

Bullying is deliberate verbal, physical and/or social behaviour intended to cause ongoing physical, social and/or psychological harm. Bullying can make you feel anxious, depressed and lonely. It can happen anywhere — in person, or online using various digital platforms and devices (this is called cyberbullying). It might be obvious to others or hidden.

Bullying in person or online might look or feel like being:

- repeatedly hurt physically, or verbally through abusive texts, emails, images, videos, or nasty gossip and chat
- excluded or ignored
- tricked or humiliated by fake accounts.

No one deserves to be bullied or hurt. You can choose to:

- treat others how you would like to be treated — with kindness and respect
- include others in games and chats
- only share information about others with their consent.



Developed in partnership
www.esafety.gov.au | www.bullyingnoway.gov.au





Beerwah State High School

You have the right to feel safe and be safe. Here are some ideas about what you can do if someone is bullying you:

- Talk to someone you trust about it. Try to stay positive. Focus on things you do well.
- Act unimpressed or pretend you don't care what they say or do to you.
- Use strong, assertive statements if you are talking to them face to face, starting with the word 'I'; tell the other person 'I want you to stop that' in a confident voice. Practise this with your friends.
- Don't respond to online bullying, it usually just makes it worse.
- Protect yourself online by unfriending them or using privacy settings to block them.

It's okay to ask for help if you experience or see bullying. You can speak to:

- **a trusted person** — this could be a parent or carer, aunty, uncle or friend who will listen and be supportive
- **your teacher or principal** — they can give you support and advice about how to make it stop
- **eHeadspace** — they provide free online and telephone support and counselling to young people 12–25 and their families and friends
- **Kids Helpline** — they have counsellors available at any time who will listen and support you
- **the police** — call the police if you are in immediate danger
- **the eSafety team** — you can report serious cyberbullying (see the steps below).

Reporting cyberbullying

1. Keep a record

Take screenshots or photos of the cyberbullying content. You should also save or record evidence of the webpage addresses (URLs) or social media services where the content has been shared. Always record the time and date you collected the evidence. Read more about [collecting evidence](#).

2. Report and block

Report the cyberbullying to the platform where it took place. The [eSafety Guide](#) has reporting links for social media services, apps, games and websites. You can also use the platform or device settings to block the person who is cyberbullying you.

3. Make a complaint to the eSafety Commissioner

If you are under 18 (or helping someone under 18) and the social media service doesn't respond to your complaint within 48 hours, you can report seriously threatening, intimidating, harassing or humiliating online behaviour to the [eSafety Commissioner](#). The team there can help you have the cyberbullying content taken down and get you further support.

Important links

Bullying. No Way! bullyingnoway.gov.au
eSafety young people esafety.gov.au/young-people
eSafety Guide esafety.gov.au/esafety-guide
eSafety Report esafety.gov.au/report

Kids Helpline kidshelpline.com.au
eHeadspace headspace.org.au/eheadspace
Youth Law Australia yla.org.au



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