

SHARING KINDNESS

Ah, kindness.
What
a simple way
to tell another struggling
soul that there
is love to be found
in this world.

<https://www.sbs.com.au/news/australians-are-sharing-random-acts-of-kindness-happening-during-the-coronavirus-crisis>

<https://www.livehappy.com/podcast/finding-your-purpose-and-sharing-kindness-sebastian-terry>



<https://yerp.yacvic.org.au/why-it-matters/for-young-people/young-people-making-a-difference>

<https://harvestinghappiness.com/category/sharing-kindness/>



Pay It Forward

Is it possible for one idea to change the world? Trevor conjures the notion of paying a favour not back, but forward - repaying good deeds not with payback, but with new good deeds done to three new people. Trevor's efforts to make good on his idea bring a revolution not only in the lives of himself, his mother and his teacher, but in those of an ever-widening circle of people completely unknown to him.